

KINDNESS

Showing others they are valuable by how you treat them

BOTTOM LINE: Be kind to people who are overlooked.

Read Luke 6:31

DAY **1**

Reaching Out

Find someone at school or in your neighborhood that is often alone or doesn't have many friends. Go and join them in whatever they are doing. Sit next to them at lunch. Swing with them on the playground. While you do, look for other ways to show them kindness and do it!

ASK God to help you show kindness to those who are often overlooked by others.

DAY **2**

Give Kindness Away

Look around your house for toys or clothes that you don't use anymore and bless someone else with them! Ask an adult to help you donate these items to others in need around you. If you are not able to donate at this time, that's okay! Spend some time praying for those around you who may be in need.

THANK God you have been blessed that you can now bless others!

DAY **3**

"Do to Others" Order

Let's focus on trying to remember our memory verse, Luke 6:31. Grab some paper, scissors, and a pencil. Count the number of words in your memory verse including where you find it in the Bible and cut the same amount of paper pieces. Write one word per paper, shuffle them up, put them in the correct order and say the verse. Do this a few times and invite others to join you!

LOOK for ways to show kindness to people around you even when others don't.

DAY **4**

Pray for the Overlooked

Take some time and think of people who can be often overlooked by others. Who would they be? Is it a homeless person, an elderly neighbor, or maybe a new kid in your school? Sit down and pray for them today. Pray something like this: **"Dear God, I pray for those who are overlooked around me. I pray that they will feel you love them. I pray that they will be shown kindness today. I love you, Lord. Amen"**

KNOW that sometimes you're the only kindness someone will see. Be kind to everyone.



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