



WEEK TWO

NEHEMIAH 1-6
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SAY THIS

**WHO ARE YOU
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I AM THANKFUL FOR
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DRIVE TIME

As you drive, take turns with your child saying, "I am thankful for [person's name]," and then say why you are thankful for them. When you get where you're going, end with talking about how thankful you are for all the people God made to help you and your child.

REMEMBER THIS

"Always give thanks to God."
Ephesians 5:20, NCV

BASIC TRUTH

GOD MADE ME.

DO THIS



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HOW TO HELP YOUR KIDS GET ALONG

By Chajay Wise

It all started when they were younger, arguing over who would get to play with the toy first and for how long. Then it graduated to who would get control of the TV as they raced for the remote. Now, it's calling "shotgun" for the front seat with dibs on being the DJ for the car ride.

Merriam-Webster Dictionary defines sibling rivalry as the "competition between siblings especially for the attention, affection, and approval of their parents." Truth is, every parent of more than one child will have to deal with this at one point or another. For some of us, these situations are all too familiar and for others they are examples of what is to come. So here are some ways our family has chosen to fight these battles.

1. Create Family Values

When my husband and I were building our family, we created values that would help govern how we treat one another and others. They are focus points that help us create environments where everyone feels loved, heard, and accepted. They can be as simple as, "In this family we have fun together," or as complex as the golden rule, "Treat others as you want to be treated." The purpose is to guide our family in the direction we want it to go.

2. Discover and Cultivate Purpose
Everything in life we get to choose, but not our family. Which means there's a purpose and reason we were specifically put together. Find and foster everyone's purpose. Each member of our family is unique and gifted in their own way. We love discovering those things about one another—whether through personality assessments or fun games.

3. Encourage Cooperation

In a world that is "ME" focused, it's hard to think about others. However, empathy is something we strive to keep in front of not only our kids, but ourselves as parents. Teaching our kids to understand and feel what others may be experiencing has been huge for our family. It limits the teasing and name-calling amongst our kids when someone does something wrong. Also, it helps me think twice before chastising them in public, causing embarrassment and shame. Instead, we choose to help one another where we are weak, and encourage each other where we are strong.

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