

LIFE APP

WHAT GOD IS DOING IN YOU
TO CHANGE THE WORLD
AROUND YOU

BOTTOM LINE: Love others because God loves you.

Read Proverbs 17:17

DAY
1

A Friend Who Loves

With the help of an adult, look up this week's Bible verse: **Proverbs 17:17**. After reading the verse together, read the two scenarios below and decide which one is showing love to a friend and which one is not. Draw a picture of the one that is showing you being a loving friend!

1. Your friend's grandparents moved away yesterday and he was super sad. You made him a card to help him feel better.
2. Your friend's grandparents moved away yesterday and he was super sad. You told him to stop crying and walked away.

LOOK for ways to be loving to friends who are having a hard day.

DAY
2

Heart Racing for Love

We use our hearts to feel love, so let's work out our love muscle to make it stronger so we can carry more love!

Turn on some tunes and get that heart pumping! To add even more fun, grab some friends and family to exercise with you!

What to do:

- 10 Jumping Jacks
- 5 Sit Ups
- Run in place for 30-seconds
- Skip around your house and give everyone you love a high five

Do this as many times as you would like!

If you cannot physically exercise, talk with your adult about how loving people can make you and your friends feel happier and stronger in your heart!

THANK God for giving you the ability to love others with all your heart!

DAY
3

Wear Love

Let's make some wearable love bracelets. Grab paper, scissors, crayons or markers, and some tape. Cut a few strips of paper lengthwise, thick enough to write on. After you have cut your strips write: "Love others because God loves me!" and decorate your bracelet any way you'd like. When you are finished, tape it to wear around your wrist to remind yourself to love others like God loves you!

LOOK for ways that you can show love to your family and friends this week!

DAY
4

Praying for L-O-V-E

Pray the word "Love" and have each letter guide you to pray for something that starts with that letter. Pray something like this:

"Dear God,
I pray that You can show me how to love the people that are a **little** different than me. Show me how to love **others** around me that need help. God, help me to be **very** kind to those who are hard for me to love. And God, help me love **everyone** like You love me. I love You, God, amen"

ASK God to help you to love everyone like He did.

**A friend loves
at all times**

