



GETTING REAL ABOUT THE HEALTH OF YOUR HOME

"It Takes 3 To Make a Great Marriage"

Mark 12:28-30

September 1, 2019

1. Remember the Lord's Design for Marriage

2. Relationship with Christ Must Be 1st

3. Remove Anything That Gets in the Way of That Love

4. Realize All Marriages Go Through Seasons

✓ Romance

✓ Reality

✓ Resentment

✓ Rebuilding

5. Resolve to Love Your Spouse in the Way They Best

Receive It. Keep Their Tank Full!

www.5lovelanguages.com

✓ What Empties the Tank

- Selfishness
- Disrespect
- Neglect
- Apathy

✓ What Fills the Tank

- Affirmation (Words of Affirmation)
- Adoration (Gifts)
- Appreciation (Acts of Service)
- Affection (Physical Touch)
- Attention (Quality Time)

6. Reignite Your Marriage – Fall in Love & Stay in Love

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✓ Make generous deposits into your spouse's Love Bank and minimize the withdrawals

✓ Be aware of your habits and instincts that can multiply deposits or withdrawals

✓ Know your spouse's emotional needs & learn how you can meet them *His Need, Her Needs*

For Men:

- sexual fulfillment
- recreational companionship
- physical attractiveness
- admiration
- support at home

For Women:

- affection
- conversation

- honesty and openness
- financial support
- family commitment

- ✓ **Learn how to avoid Love Bank Withdrawals (Love Busters)** *Love Busters*
 - selfish demands
 - disrespectful judgments
 - angry outbursts
 - annoying behavior
 - dishonesty

7. Reestablish the Importance of The Vows You Made

- ✓ Covenant, Not a Contract

- ✓ Costly

- ✓ Risky

- ✓ Rewarding

8. Refresh Your Own Vows

- ✓ To Have and to Hold From This Day Forward
- ✓ For Better or Worse
- ✓ For Richer or Poorer
- ✓ In Sickness & Health
- ✓ To Love and To Cherish 'till Death Do Us Part

